

STUDENTS' LEARNING STYLES VIS-À-VIS THEIR PREFERRED  
INSTRUCTIONAL METHODOLOGIES: INPUTS FOR RESPONSIVE  
TEACHING APPROACHES

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ABSTRACT

The study dealt with learning styles and preferred instructional methodologies in professional education courses of third year BEED students at Philippine Normal University. Data were gathered through the standardized questionnaire on learning styles and the checklist developed by the researcher. Findings revealed that majority of the respondents were visual learners thus, they learned best when taught with the aid of slides, diagrams and handouts. As regards teaching methodologies, instructional methodologies of interactive style mostly appealed to respondents across learning styles. Hence, in teaching professional education courses, the employment of interactive type of methodologies such as role playing, group activities, small group discussions, simulations, cooperative learning, tell-and-do, and brainstorming is needed. The preference for "demonstration" as teaching method across all types of learners is crucial since it is effective in honing the respondents' presentation skills as future teachers.

The assessment of students' learning styles at the beginning of the course is strongly recommended to achieve congruence between the learning styles and instructional methodologies employed by instructors. Likewise, there is a need for the conduct of researches that focus more on variables exposing learners to learning activities that match their learning styles. The studies could provide a slant or a whole new dimension in learning styles researches in education.